

# The REBOUND

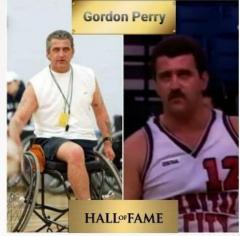
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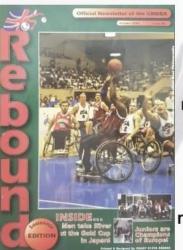
# The History of REBOUND



GORDON PERRY HAD AN IDEA!!

The REBOUND was first established in 1989, an idea Gordon Perry thought of as a way the GBWBA could deliver a newsletter every few months featuring domestic news/results and international games/results in addition to the annual handbook our NGB sent out each year.

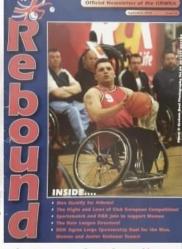
Gordon was vice chairman of the Association then, and they just felt apart from the yearly handbook the membership didn't get much for their annual membership fee and individual players fees, which was about £15 at the time.



So, Gordon took on the job of typing, editing and printing the first newsletter. It was only in black and white on paper originally, with some photos. Sometimes he would produce it on yellow or green paper, just for variety. He relied a lot on club secretaries sending in hard copies or match reports on games their clubs were involved in. You must remember that this was pre the internet. Seems impossible, doesn't it? But it would include as up-to-date league tables as and when he could.

He used to send club secretaries a number of copies, relevant to the number of paid-up members in their clubs.

The REBOUND came out quarterly at that time.

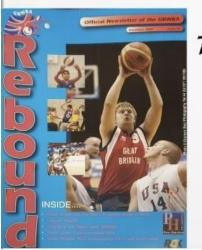


After a couple of years, the late great Steve Spilka obtained funding to have the newsletter professionally printed, this he did using the same printers that they used to print the handbooks.

So, looking back at where we once were as a #wheelchairbasketball community we made the decision to bring the REBOUND back! When we ran this by Gordon the legend, he was overwhelmed and made up.

The resurrection of the REBOUND is a far step away from the detailed league informing version those guys achieved back in the day, and we hope in time we can develop it back to a digital version delivering the same, could this be the tool we let go of all those years ago that made the basketball community feel altogether... we

don't know, but thought let's give it a try.



THANKS GO OUT TO GORDON PERRY &
STEVE SPILKA FOR BLESSING OUR
SPORT WITH HARD WORK AND
DEDICATION, AND WE
#THEDELINQUENTS HOPE WE CAN DO
THOSE GUYS PROUD!



Our Women's team had a journey at the #Paris20204Paralympics knowing one crucial win during the group stages Vs either Canada or China should have been enough to avoid a Qtr-Final with either Netherlands or USA. But faced concerns before the opening tip due to injuries to 2 players.

They had the prefect opening game Vs Spain and had a very easy win, with Spain looking completely out of sorts. 2nd game Vs Canada this was it, the game we had to win and was presented with a gift early on with Canada's Kady Dandeneau forced to sit out with foul trouble. But GB were simply undercooked as easy defensive mistakes and low percentage shooting helped Canada secure the win. So, in our 3rd and final group game we confronted China hoping the defensive errors from the last game would have been corrected, this was not the case and ruthless China had a clinical attack and defence we couldn't match, which left GB finishing the Group Stage 3rd and a Qtr-Final showdown with USA.

GBR



Knockout stages and up first was the USA in a Qtr-final. GB played better than the previous games and looked at one point it could be their day as USA were not at the races, and we got the game tied late at 46 v 46 but that was as they say, "As good as it gets" and GB had to stomach a Qtr-Final loss knowing they could have won it from the freethrow line! 5-8th Playoff Vs Japan and GB showed character in a battle to not play for last place by beating Japan by 12. So, this was it GB Vs Germany for 5th/6th place finish, and GB took the WIN in a low scoring fight, finishing one place lower than their highest ever finish of 4th in Rio 2016, we think they would be happy with this considering all issues faced

throughout these Paralympics.

Game 1 – ESP 34 V 69 GBR / Group Game
Game 2 – GBR 54 V 63 CAN / Group Game
Game 3 – GBR 47 V 62 CHN / Group Game
Game 4 – USA 59 V 52 GBR / Quarter-Final
Game 5 – GBR 67 V 55 JPN / 5th/8th Playoff
Game 6 – GBR 48 V 39 GER / 5th/6th Playoff

We leave you with this thought, is it coincidence GB Women's best finish was 4th in RIO 2016 Coached by Miles, and in Paris Netherlands were led by Van Der Linden, USA by Christina Schwab and China by Qi Chen all wheelchair users... were just saying.





The Men's team entered the Tournament as one of the favourites to make the FINAL, and for sure looking for revenge from last years close loss to USA in the World Championship FINAL.

GB Men started #Paris2024Paralympics as the opening game VS Germany and going off what we all seen 2 weeks prior in Köln Tournament we thought it could be a tricky game. But GB looked sharp off the tip in their First game of the tournament and caused the Germans to concede the game early in the 4th Qtr. 2nd game we all expected the same result as it was a younger stronger GB Vs Canada still led by their aging G.O.A.T Pat Anderson, and it was a dominant GB performance to go 2 from 2 to start the games. 3rd and final group game Vs the host nation France and their star man The Magician - Nicolas Jouanserre, and despite him and the hostile sell out crowd GB demolished the French by 35. GB Men won the group and progressed into the knockout stages for a Qtr-Final clash with them Aussies.



Knockout stages, and the Qtr-final Vs Australia. GB won their group, and the Australians finished last in theirs, and it was a lot closer of a battle than that. However, take a bow Ben Fox who displayed a scoring/ shooting masterclass as he hit them Aussies for 26 points at 93% and history was made. GB Men became the first nation ever to feature in an 8th consecutive Paralympic Semi-Final! In this Semi we squared up once again to a confident German team reaching their first Semi since 1992, but this game had an individual story to it, and that would be Gregg Warburton who put a scoring clinic on to help GB Men return to the Paralympic FINAL for the 2nd time in history after the greats did it back in 1996.



THE FINAL Vs USA and the game the whole world wanted, 2 claims for history making were in the balance GBs first Gold or USAs 3-peat. The pace at the start caused a blow to GB and Ben Fox getting 2 fouls in the opening 46 seconds, he was left out and got his 3rd foul 6mins into the first Qtr, from that point on we were chasing the game, and the upsetting thing is we looked like we didn't have a plan B for this scenario. USAs Steve Serio has a stella game and helped his team in clutch moments. And down the stretch still chasing GB introduced Terry Bywater with 43 seconds to go, he hits a quick 3 pointer but wasn't enough as USA took the GOLD and produced Paralympics first ever 3-Peat.

Game 2 – CAN 58 V 88 GBR / Group Game Game 3 - FRA 50 V 85 GBR / Group Game

Game 1 – GBR 76 V 55 GER / Group Game Game 4 – GBR 84 V 64 AUS / Quarter-Final Game 5 - GBR 71 V 43 GER / Semi-Final Game 6 - GBR 69 V 73 USA / FINAL





## 68 MEN'S #7 TERRY BYWATER



As we just witnessed history made in our men's team with Terry Bywater playing in his 7th Paralympics equalling the 7 achieved by former GB Legend Simon Munn, the question is can Terry become the first ever 8-time Paralympian representing #wheelchairbasketball?

In Paris 2024 we just watched the man considered the best of all time Mr Pat Anderson in his 6th Paralympics aged 45. Terry will be 45 when the #LA2028 Paralympics start, and after the heartache of SILVER in Paris could LA be scripted as his LAST DANCE.

Already regarded a legendary prolific scorer of our sport, and a huge contributor to GB Men's team making history in an 8th consecutive Paralympic Semi-Finals, and Terry having a personal record of 7 Paralympics and 7 Semi-Finals. Could Terry be instrumental in getting to an 8th games and winning that elusive GOLD.

Since breaking into the national team and featuring in the Sydney 2000 games (4th) aged just 17, he has gone onto 2004 Athens (Bronze), 2008 Beijing (Bronze), 2012 London (4th), 2016 Rio (Bronze), Tokyo 2020 (Bronze) and Paris 2024 ((SILVER!)) Could 2028 finally be GOLD... to

complete the collection?

GR<sup>1</sup> 7

Our MYTH is this, if Terry makes it 8 in 2028 and achieves a team record 9th consecutive semi-finals and goes on to become triumphant in the backyard of the current 3-peat champions USA... has it always been written, who knows but what a career and story that would make!





#### **Courtside Updates**

Following on from Season 2 of The Delinquents Show, we still have no response from the Association regarding 1. Sinclair's SINISTER letter sent to the school he represented as a Paralympic ambassador in his role as school governor, and we haven't heard back regarding the detailed reasoning into Jon's 5-year BAN.

We sent every board member the letter we promised but with no reply we discovered that the rules enhanced by your current Association are poor at best.

They can BAN anyone without giving reason, and now we have learned they can also refuse to reply to any complaint raised!

This is due to the fact they don't understand our sport or our people, any gaming query has no chance of being resolved as it is simply beyond their capabilities.

Same as no AGM, something that gives you the people of our sport a voice!

We promise to continue this fight, and we will either get answers or reach out to the highest possible people or the press. Society is wrong especially if the ABs can remove the disabled from their own sport.

There is no place for those that hurt our sporting legacy!! #TheDelinquents





### Empowering you through a comprehensive approach using Occupational Therapy, and health coaching to improve your wellbeing.

As a former wheelchair basketball player, with a 40-year history in the game I know how much we love, live, eat and breathe our sport. So, what happens when we retire or are forced to retire due to ill-health, injuries or age. I know in my case, I wasn't ready to retire, and my physical and mental health took a downward plunge, I ended up on medication, lost a lot of my physical strength and desire to live a meaningful life as I had lost my identity as a wheelchair athlete. I noticed I was speaking to people and kept saying "I was a wheelchair basketball player, and I used to do this, or that and been to various tournaments around Europe and UK. I know we don't all feel this way but I'm sure I'm not alone. Unless you are an elite athlete, there is very little support to address these issues.

It suddenly dawned on me that, that identity was no longer me. Fortunately, I discovered that I was drawn to a profession that was meaningful to me, Occupational Therapy (OT), just to be clear OT is not just about aids and adaptions, teaching you how to live independently or about finding someone a job! However, through my studies I realised that I could help a lot of athletes, wheelchair athletes and people who had retired from work early or at the usual age to discover meaningful activities that would aid them with their physical and mental health.

As an Occupational Therapist, experienced in health coaching, and an Expert Assessor for the Blue Badge Scheme in my local area, I have dedicated my career to supporting individuals to find meaningful occupations and overcome barriers in their social lives, employment, retirement and improve their health and wellbeing, as well as enhancing their accessibility needs. With extensive experience across employability and vocational rehabilitation, wheelchair assessments, mobility skills training. I can provide expert assessments for a variety of needs as well, I am passionate about empowering clients to lead fulfilling lives through a holistic, client-centred approach.

#### A Commitment to Holistic, Client-Centred Practice

My practice is client-centred, and empowers people to make their own choices, I provide holistic care that looks at your mental and physical health, working with people who have complex physical and/or learning disabilities, neurodiverse conditions, mental health issues, and age-related health conditions has deepened my understanding of the diverse client needs, requiring individualized support tailored to their specific challenges.





#### Integrating Health Coaching into Occupational Therapy

I help clients to develop personalized strategies that promote healthy lifestyle choices, manage stress, and improve their mental and physical health. Through health coaching, I empower clients to build resilience, enhance their wellbeing, and maintain a balanced lifestyle that supports their personal goals.

Through my various roles I have developed a deep understanding of many physical disabilities, neurodiverse and age-related conditions.

#### Specialization in Wheelchair Assessments, Skills Training, and Independent Living

With over 30 years of experience in the disability sector, I have developed specialized skills in wheelchair assessments, mobility training, and recommending suitable mobility equipment to support individuals' unique needs. I am skilled in delivering wheelchair mobility training on a 1:1 basis, teaching both basic and expert wheelchair skills to children and adults with neurological disabilities, including Spina Bifida, Cerebral Palsy, Multiple Sclerosis, and Spinal Injuries. These sessions empower clients to confidently navigate their environments and live life on their terms.

By recommending the most suitable mobility equipment and offering personalized support, I enable clients to live life their way—independently and confidently.

#### **Navigating Funding and Resources**

I have extensive experience working with Access to Work and funding organisations that allows me to help clients secure funding for necessary equipment. This vital support allows individuals with disabilities to overcome many barriers, ensuring they have the resources needed to succeed in their chosen activities...

#### Looking Ahead

As I continue my career in occupational therapy, and health coaching, my mission remains to empower individuals to reach their full potential—whether in the workplace, at home, or in life in general. I am dedicated to promoting inclusive practices, breaking down barriers to employment, fostering environments where all individuals can succeed, and ensuring accessibility and independence for those who need it.

If you or someone you know could benefit from support in employment, improving health and wellbeing, or enhancing accessibility and independent living. Together, we can build a world where everyone could thrive, both professionally and personally, while living life to the fullest.

Feel free to reach out to learn more about how I can support your journey toward a meaningful life once sport is no longer a part of your life.





#### **Contact Information**

Jamie Hamilton, Occupational Therapist, Health Coach, and Expert Assessor

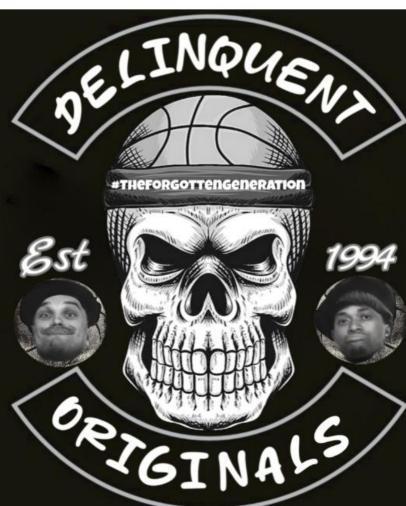
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By sharing my expertise across occupational therapy, and health coaching, I hope to inspire others to recognize the value of a holistic approach to employability, wellbeing, and independence. Let's work together to create inclusive, supportive, and accessible environments for everyone





## REBOUND

The DELINQUENTS would like to thank all that have been involved with our work and the restart of REBOUND. We would love to have it like it once was with all league standings and game results from all divisions, but that at this minute is completely unachievable due to the fact not even your NGB can post a up to date table or results.

Please note we are trying to do so much but are only a 2-man team with restricted access, if any of you fans have ideas or something you would like to see feature in the next REBOUND or even in THE DELINQUENTS SHOW please get in touch.

We now enter our 3rd season with

- THE DELINQUENTS SHOW
  - DELINQUENTS WEBSITE
    - HALL OF FAME
- THE RETURN OF REBOUND
- QUEST OF SAVING HISTORY IN NAMING PHOTOS
  - OPEN DEBATES
  - INTERVIEWS OF LEGENDS
    - FACEBOOK PAGE
      - SPOTIFY
      - TIKTOK
- YOUTUBE CHANNEL OF SAVING HISTORIC GAMES

We have loved the interaction at times with you the fans, please remember we are not renegades against a system, we just want what's best for all. It takes heart, dedication and time, but also a desire to better for all.

We can do it, but it must be together with you guys, we knew when we started this it would only work if we got the interaction from you all. Yes, we know some of you wish to remain anonymous and respect that, but in the perfect world shouldn't your opinion count and you shouldn't have to request that, but we understand why you all do it.

REMEMBER, if you have any ideas or wish for something to be on the show, debated or looked into by us simply get in touch. We are here to help and fear no one!

REBOUND Edition 2 comes back Jan 2025.

Best Wishes to you all..

